Fund for Civility, Respect and Understanding Report Six-month Grant for <u>Healthy Play: A Peaceful Solution to End Bullying</u>

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Organization Name: Office of the Pima County School Superintendent and Creative Spirit

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Grant award: \$4000 - Total amount of grant expended to date: \$4000

Purpose of the grant:

To decrease bullying situations and occurrences in 5 low income schools in Pima County by using the Healthy Play (HP) curriculum to teach and foster a culture of empathy, self-regulation, executive function, problem-solving skills among students and staff.

Original goals:

Teachers and school staff who utilize the HP program 3 – 5 times a week will report:

1. Behavior problems such as acts of aggression, bullying, threats, teasing, non-cooperation, etc. in the classroom and/or on the playground have decreased by 50-100% as indicted by the pre and post survey.

2. Students will demonstrate increased positive social skills such as empathy, caring, positive communication and nurturing toward classmates by 50-100% as indicted by the pre and post survey.

Students and school staff will demonstrate increasing positive peer modeling, problem solving and conflict resolution skills by 50-100% as indicted by the pre and post survey.
Teachers and school staff will report stronger satisfaction, teambuilding and cohesion within the school by 50-100% as indicted by the pre and post survey.

Population served:

The original grant was written for 5 schools. However, one school was unable to participate due to changes in its administration. 63 school staff to include at least one grade level representative, counselor, recess monitor, administrator, PTO and after-school representative were trained. One person at each school was identified as the Healthy Play On-site Coordinator. Approximately 1300 students were positively impacted by *Healthy Play: A Peaceful Solution to*

End Bullying training as the anti-bullying/character education/structured activities program in their school.

- Blenman Elementary School in the Tucson Unified School District: 420 students and 18 staff, 86% of the students are eligible for free and reduced lunch.
- Thornydale Elementary School in the Marana Unified School District: 360 students and 15 staff, 55% of the students are eligible free and reduced.
- Roadrunner Elementary School in the Marana Unified School District: 450 students and 22 staff, 79% students are eligible for free and reduced.
- Children's Success Academy, Charter Elementary School: 75 students and 8 staff, 98% are eligible for free and reduced.

Results of this six-month period:

Principals Survey results demonstrated:

	Observed increase in school cohesion	% of teachers	% of reduction in
	(Y/N)	effectively using HP	behavior problems
Blenman	Y	60-69%	50-74%
CSA	Y	80-89%	50-74%
Roadrunner	Y	50-59%	25-49%
Thornydale	γ	50-59%	90-100%

The most useful components of the *Healthy Play is a Solution* program as reported by the Principals has been:

- Teaching students empathy
- Teaching students problem solving
- Team building
- Conflict resolution protocol during play
- Participation games for all